

LEARN TO SKATE

The United States Figure Skating Association (USFSA)

Basic Skills Program has been developed as a beginning ice skating program that is challenging and rewarding - but most of all fun. Participation in the program will enable skaters of all ages and abilities to learn the fundamentals of ice skating while teaching them the skills necessary to advance to a competitive or recreational figure skating or hockey program.

Snowplow Sam for Tots

Ages 3 to 5 are placed into the USFSA Snowplow Sam program. This program is designed to help pre-school age children develop the preliminary coordination and strength necessary to maneuver on skates. Snowplow Sam has three progressive levels that will help the young skater develop confidence while experiencing success with his or her beginning Skating!

Basic 1 through Basic 8

Beginner skaters, ages 6 to 65, are introduced to the basic skating techniques in a safe and controlled environment. Each class session and level following Basic 1 is progressive, building upon skills taught in the previous lesson. Six-week skating classes continue from Basic 2 through Basic 8.

PROGRAM BENEFITS

- Basic Skills Record Book
- USFSA Registration
- Free Skate Rental
- Certificate of Achievement
- 6 Free public Session Passes

SESSION SCHEDULE

Wednesdays Saturday's
5:20 - 6:20 pm 10:40-11:40 AM

	Session 1	Session 2	Session 3
Wed	9/23-10/28	11/4-12/16*	1/6-2/10/10
Sat	9/26-10/31	11/7-12/19*	1/9-2/13 /10

*No Lessons 11/25, 11/28

Hockey 1 through Hockey 3 (Learn to Skate)

Beginner skaters, ages 6 to 14, are introduced to the basic hockey skating techniques. Each class session and level following Hockey 1 is progressive, building upon skills taught in the previous lesson. These classes are designed for participants that would like to move into our Learn to Play Hockey program.

Freestyle 1 through Freestyle 3

This class is designed for participants who have completed Basic 1 through Basic 8 classes, and would like to pursue recreational or competitive figure skating.



Levels are progressive and must be completed in order:

Each level meets once per week for six weeks
All classes include a 30 minute lesson and a 30 minute practice time each week

No make up classes or refunds

6-WEEK SESSION INVESTMENT

\$120.00

Class size is limited. Register Today!

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