

PUBLIC SKATE TIMES

Every Day 12:30-2:30 pm

Fri & Sat 8:00-10:00 pm

OTHER AVAILABLE

PROGRAMS

- *Learn to Skate*
- *Future Stars*
- *Learn to Play Hockey*
- *Adult ice & roller hockey*
- *Free Style Ice Time*
- *Stick Time/Open Hockey*
- *Birthday Parties*
- *Private Ice Rentals*
- *Camps & Clinics*
- *Roller Hockey Leagues*

CLASS LEVELS

Snowplow Sam 1

- *Sit & stand up with skates on and off ice*
- *Sit and stand up on ice*
- *March in place*
- *March forward 8-10 steps*
- *Dip in place*

Snowplow Sam 2

- *March followed by a long glide*
- *Dip while moving*
- *Backward wiggles—6 in a row*
- *Forward two foot swizzles—2-3 in a row*
- *Rocking Horse—1 forward & 1 backward swizzle action*
- *Two foot hop in place*

Snowplow Sam 3

- *Forward skating—8-10 steps*
- *Forward one foot glide—R & L*
- *Forward two foot swizzles—4-6 in a row*
- *Backward two foot swizzles—4-6 in a row*
- *Forward snowplow stop with skid (1 foot or both)*
- *Curves*

*For Further Information Contact:
Pam Dreyer
Director of the Learn to Skate Program
Off—(856)-309-4400 x 2257*

Pre-School Program

**FLYERS SKATE ZONE
SKATING SCHOOL
PRESENTS**

TOTS ON ICE



**THE VIRTUA CENTER
FLYERS SKATE ZONE
601 LAUREL OAK ROAD
VOORHEES, NJ 08043
(856)-309-4400 X 2257**

TOTS ON ICE

Catering to the wants and needs of the pre-school children, under 6 years of age, by creating a play time atmosphere on the ice.

This class is based on the same USFS program used in our Basic Skills Learn to Skate Program. The skaters will learn the basics of ice skating in a fun and safe environment.

The program includes 25 minutes of instruction time and 20 minutes of instructor supervised play time.

We recommend you wear to class the following:

- *Helmet—bike or hockey
- *Anyone wearing hockey skates should wear a hockey helmet
- *Layered non-restrictive clothing
- *Gloves - (knit ones preferred)
- *Snug fitting skates with 1 pair of thin, dry socks

PROGRAM BENEFITS

- *1 Skate card good for 6 free public skating sessions
- *Basic Skills Record Book
- *USFS Registration
- *Flyers Skate Zone Certificate of Achievement
- *Limited class sizes (minimum of 6)
- *Skate rental included

DAYS & TIMES

Tuesdays	10:00a-10:45a
Thursdays	1:15—2:00 pm
Fridays	1:15—2:00 pm

	<u>Session 1</u>	<u>Session 2</u>
Tues	9/29/09	**11/10/09
Thurs	9/24/09	**11/5/09
Fri	9/25/09	**11/6/09

****NO CLASSES ON 11/24, 11/26**

& 11/27

ENROLLMENT FEE

****\$155.00**

****Register For: Sess 1 by 9/21/09
Sess 2 by 11/2/09**

And receive \$10.00 off the enrollment fee.

SCHEDULE SUBJECT TO CHANGE

Classes may be cancelled or combined with other classes due to enrollment numbers.

POLICIES

- *Registration accepted on a first come basis**
- *Enrollment fee must be paid in advance and in full**
- *There will be NO MAKE-UP classes & NO REFUNDS once class has started**
- *There is a \$30.00 charge for any returned checks**
- *No refunds given at any time for USFS membership*

ENROLLMENT APPLICATION

Name: _____

Parents Name: _____

City: _____ State: _____ Zip: _____

Birthdate: _____

E-mail _____

H-phone: _____

C-phone: _____

Please circle session & day of choice

Session 1

Session 2

Tuesday

Thursday

Friday

PARENTAL/GUARDIAN CONSENT

In consideration of the student & his/her parent being permitted to register the participant in the cited clinic &/or program on this registration form, we do hereby forever release & discharge Flyers Skate Zone, its officers, agents, employees & any person or corporation connected herewith from all manner of action injury damages, costs, claims or demands which we shall or may hereafter suffer or receive by reason of such participation in the registered clinic &/or program. This release shall be binding on our heirs, assigns, executors & administrators. Furthermore, I understand that the tuition is payable in full when the application is submitted to the rink office. Participants under the age of 18 must have parent or guardian signature to participate in Flyers Skate Zone programs.

Signature of Parent, Guardian or Participant