



Gyms are crowded and expensive, come to the Flyers Skate Zone for your morning workout!

Did you know that on average, a half hour of ice-skating burns over 400 calories? That is more than a low-impact aerobic class! In 2 hours of gliding around the rink you could burn over 1600 calories and probably not even break a sweat!

Don't know how to skate?

That's okay! If you need a little help getting started you can set up a skating or hockey lesson with one of our Professional Instructors.

Are you a Hockey Player?

Come to Open Hockey! Full equipment please.

Public Skating:
Monday, Wednesday,
and Friday:
7:30-9:30AM
\$5/Day
\$45/Month

Open Hockey:
Monday, Wednesday, and
Friday:
7:30-9:30AM
\$8/Day
\$80/Month



@NE PHILA.

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