

Welcome to Selects Hockey Training

PHILADELPHIA COUGARS



**YOU
have
the
passion...**



WE have the proven system!



The Philadelphia Cougars Selects spring program will be fielding teams at **03-94** birth years. The goals of the program are two fold. One, develop and grow young hockey players (AA and AAA players) at a high level (skill development). Two, compete at the top tournaments in North America and Europe.

Program package includes: Over 29 Hours of on-ice Professional Coaching

- **FREE 3 HOUR BONUS ICE TIME. SKATING, STICK HANDLING, PASSING , SHOOTING**
- Super Sessions (2 ice sessions/day) to allow Cougar families more time to enjoy their summer.
- 4 day Elite Camp. Daily- 2 ice sessions, classroom instruction, off ice, stick handling, meals/drinks.
- 9 hours of professional off ice coordination, strength, conditioning and stick handling training.
- National skill level evaluations allowing players to work on areas in need of development
- Professional coaching with current/former NHL/Professional Players (Mark Eaton, Kjell Samuelsson, Dave MacIssaac, Dave Pavlik, Vince Malts and more).
- Positive learning environment.
- Fundraising opportunities.
- \$870 includes: all the skill practices, off-ice development and stick handling training by **Evolving Athletes(Vince Malts)**, the 4 day Elite Camp, game and practice jerseys, nameplate, socks and a Cougars polo shirt.

Signing up to be a Cougar entitles you to additional benefits:

- NHL Skills Camp
- Spring and Summer European Tour opportunities
- Tournament opportunities, play with Cougars players from other areas of North America
- Exposure and opportunities for top players to be scouted to play for the Selects Hockey program.

Tournaments (Optional)-

We have updated and added to our tournament program for 2010. We will be fielding AA/AAA teams. Each team will be carefully built with the expectation that we will have the opportunity to win every tournament we participate in . Tournaments are optional and will be priced separately per event.

Contact Mitch Larnerd at 609-254-9624 or mlarnerd@selectshockey.com for more information

One-of-a-Kind Opportunity

www.SelectsHockey.com