

Midget Minor/U-16 "AA"- Lance Rosenberg

Lance will be entering his first season as an Atlantic City Sharks coach. In 2009 Lance attended USA Hockey's level 5/Masters program. Lance, from 2003-2009, Lance served as the hockey director at the Flyers Skate Zone in Voorhees, NJ. He was involved in all areas of the game from Learn to Play Hockey up to coaching U-18 AA. He was active in the Flyers Youth Hockey club and served as ACE Coordinator in 2006-2007. In 2008-2009, Lance took over a Flyers Youth U-18 "AA" team which was 6-19-2 at the time. The team finished the season 11-6-1 including taking the team that represented the Atlantic District at nationals to a 2-1 OT loss in a Thanksgiving tournament. In 2009-2010, Lance helped start a middle school team from Egg Harbor Township. The team currently is 11-5-3 in its first year as a program. Lance has run many hockey camps and clinics from combo skills to power skating. He also has done private hockey instruction for the last 10 years. Presently, Lance is the General Manager of the Flyers Skate Zone at Atlantic City and President of the Atlantic City Sharks. Lance has also scouted and helped place players from the Delaware Valley into prep Schools, colleges, and junior programs.

Hockey Experience-

Originally from Philadelphia, Lance played for the Little Flyer and Wissahickon programs prior to leaving to attend the Berkshire School (Division 1 New England Prep,) where he played on the Varsity program. Lance then went on to Shelburne, Ontario, where he played Junior B and minor Junior A. Lance was recruited to division 1 and division 3 colleges prior to sustaining a major leg injury. After spending one year as a medical redshirt, Lance transferred to the University of Delaware and played division 1 club hockey. At Delaware, Lance finished with a save percentage of over 91.5% and was part of teams that finished national runners up and final four. While in college Lance was invited to USA Hockey's training camp for the World University Games which were held in Italy in 2003. After college Lance attended minor league training camps but a knee injury ended his dream. In 2004-2005, Lance was invited to partake in the Philadelphia Phantoms training camp as the 4th goalie. From 2004-2009, Lance has served as the Philadelphia Flyers and Phantoms emergency practice goalie including signing a 10 day ATO contract with the Phantoms in 2007.

Coaching Philosophy- To create an atmosphere that allows for success not only in hockey but in life lessons. On the ice players are expected to bring intensity, drive, and a positive work ethic. Practices will be intense and specific to different aspects of the game. Individual and team growth is expected. Off the ice, players will learn life lessons through hockey. Off ice training will be required, as will team building habits. Simply, hockey is a sport that the outcome of success is determined by awareness, discipline, skill, high compete levels, and courage.