

# Introduction to Figure Skating

## *Spinning, Jumping and more!*

This program is set to music. Open work shop environment with emphasis on edging, jumps and spins for 30 minutes. The class will start off ice for 15 minutes of warm—up and stretching. This workshop is geared for those who have completed Basic Level 4 and up. We still encourage that you continue the regular Learn to Skate Lesson.



### PROGRAM BENEFITS

- Basic Skills Record Book
- USFSA Registration

2010 Introduction to Figure Skating Schedule— WEDNESDAYS

Off ice Class 4:15- 4:30 pm

On ice Class 4:40—5:10 pm

Practice 5:10—5:40 pm

SESSION 1: 8/25, 9/1, 9/8, 9/15, 9/22,9/29

SESSION 2: 10/6, 10/13, 10/20, 10/27, 11/3, 11/10

SESSION 3: 11/17, 11/24, 12/1, 12/8, 12/15, 12/22

SESSION 4: 1/5, 1/12, 1/19, 1/26, 2/2, 2/9

For Program information contact:

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**6-WEEK SESSION**

**\$ 115.00**

**DROP-IN \$20.00**



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