



CHECKING CLINIC

WWW.FLYERSSKATEZONE.COM

The Flyers Skate Zone at Atlantic City is proud to present its Checking Clinic. This clinic is designed to teach and reinforce the fundamentals of checking while simultaneously teaching proper safety techniques to give and receive a check.

Curriculum Includes:

- Body Positioning
- Closing the Gap
- Angling
- Safety

This clinic is specifically designed for Pee Wee Players and up with hockey experience

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Birth Date: _____ Age: _____

Level _____

Home Phone : _____

Work: _____

Cell Phone: _____

Email: _____

5 SESSIONS

Sept. 10 @ 6:50 pm

Sept. 12 @ 4:20 pm

Sept. 19 @ 5:40 pm

Sept. 24 @ 6:20 pm

Sept. 26 @ 6:10 pm

Class is limited to 30 skaters
Full Hockey Equipment required

Payment Options

Please make checks payable to: Flyers Skate Zone

Circle One:

Cash Check M.O. Visa MasterCard

Credit Card #: _____

Name on Credit Card: _____

Exp Date: _____

Cardholder Signature

Registration accepted on a first receive basis.

Drop in fee \$25



Contact/Lead Instructor:

Jared Siganuk

609-441-1780 ext 225

jsiganuk@comcast-spectacor.com



501 N. Albany Ave.
Atlantic City, NJ 08401
609-441-1780