



## **Jr Phantoms Tier II Youth Hockey Club**

### *2009-10 Season Information*

The Jr Phantoms Youth Hockey Club is a member of the New Jersey Youth Hockey League, and anticipates fielding teams at AA and A levels in each age group. Final level determinations will be made following the tryout process.

### **PLAYER EVALUATION & SELECTION**

Player Evaluations are scheduled to begin April 14<sup>th</sup> for Midgets and May 11<sup>th</sup> for Bantams, and are open to all youth hockey players. **Registration is required.** Players will be assigned to a team based on their performance during the evaluation process. There will be a separate tryout fee, and all players will receive a practice jersey with a number that is theirs to keep.

A Player Evaluation Committee will be formed and be responsible for working with the coaching staff of each team to be directly involved in the assignment process. The Evaluation Committee will not have any affiliation with the players being evaluated.

Players will be assigned to a team based on their ability level. Our staff will endeavor to place players at an ability level that will allow them to compete but be challenged to improve their game. We will strive to not place a player in a situation where he/she is overwhelmed.

### **TEAMS and ICE TIME**

All teams will receive **TWENTY WEEKEND HOME GAME SLOTS.**

All Midget teams will receive **25 on-ice PRACTICE SLOTS,** while all Bantam teams will receive **50 on-ice PRACTICE SLOTS** with the weekly schedule as follows:

Midgets (1) **ninety-minute full-ice practice each week**

Bantams (2) **seventy five-minute full-ice practices each week**

All teams will also receive ice time for a **Preseason Team Training Camp**, the cost of which is included in the season fee and will be scheduled at the coaches' discretion. In addition, **each Midget team** will also receive **ten hours of summer ice** to be scheduled at the coaches' discretion between July 1<sup>st</sup> and August 30<sup>th</sup>, in an effort to prepare them for the early start to the season.

## OFF-ICE CONDITIONING PROGRAM

PROFESSIONAL INSTRUCTION PROVIDED BY:



In an effort to help our teams find continued success at an elite level, we have hired Endeavor Sports Performance to conduct off-ice conditioning training for our Club. All teams will receive twenty-five off-ice conditioning sessions this season. These sessions will be scheduled through each team's coaches, and all sessions are considered mandatory for all players.

Endeavor Sports Performance was founded in 2005 as an all-encompassing hockey-specific sports training company, providing the training necessary for hockey players of all ages and abilities to reach their individual peak potential. Through hockey-specific development programs, Endeavor Sports Performance encourages athletes to leave their comfort zone and improve speed, power, agility, flexibility, and core strength by utilizing a combination of proven off-ice training techniques. Our goal is to ensure that each athlete is properly prepared to compete at the highest level.

### COACHING

**Our goal is to offer the best and most qualified coaches in the area** to teach hockey to our children. All coaches will be required to submit a coaching resume and application to our Coaching Coordinator. The Coordinator will chair a **Coaches Selection Committee** to review all applications and resumes and invite the most qualified coaches to go through the interview process. Coaches will be selected through this independent process based on their **Experience, Hockey Educational Accreditation Level achieved, Personal Coaching Philosophy**, and any other qualities that apply.

All coaches selected will be required to attend an annual seminar and **achieve the minimum coaching education accreditation required by USA Hockey** for their respective age level coaching. The **Jr Phantoms Youth Hockey Club** will reimburse all Head Coaches for their **USA Hockey CEP registration fees**.

#### 2009-10 Head Coaches are as follows:

<b>Midget Major</b>	Joe Antonelli
<b>Midget Minor AA</b>	Gary Dietrich
<b>Midget Minor A</b>	Phil Passarelli
<b>Bantam</b>	Chris Hopkins

## 2009-10 PARTICIPATION FEES & PAYMENT SCHEDULE\*

### **Midget (Minor & Major)      \$2,595**

Includes:

- \* (20) Home Game Slots
- \* (25) 1.5-hour On-Ice Practice Slots
- \* (25) Off-Ice Conditioning Sessions
- \* Pre-Season Training Camp
- \* (10) hours of Summer Ice

### **Bantam      \$2,895**

Includes:

- \* (20) Home Game Slots
- \* (50) 1.25-hour On-Ice Practice Slots
- \* (25) Off-Ice Conditioning Sessions
- \* Pre-Season Training Camp

Payment schedule:

\$500 Non-Refundable Registration Fee due upon selection  
\$500 Due by May 15, 2009  
\$1,000 Due by July 15, 2009  
Balance due by September 1, 2009

*\* A 3% surcharge will be assessed on all fees paid by credit card to cover bank merchant credit card fees.*

\*\*\* **USA HOCKEY registration fees** are not included in the Participation Fees. All Players, Coaches and Managers are required to complete their 2009-10 USA Hockey registration online at [www.usahockey.com](http://www.usahockey.com). Everyone will be required to print their registration verification received via email from USA Hockey (for your records), and forward it by email to Jamie Oswald at [joswald@comcast-spectacor.com](mailto:joswald@comcast-spectacor.com), before August 15, 2009.

## TEAM APPAREL & COST

All players NEW TO THE CLUB must purchase:

Home & Away Jersey with name & number  
Home & Away socks  
Team Shell with logo  
Team Warm-Up Suit  
Club Hockey Bag

The cost of the team apparel is \$309.

Apparel cost will be paid separately and directly to the Gear Zone at the Virtua Health Flyers Skate Zone at Pennsauken. Following the team selection process, new players from each team are required to come to the Gear Zone **by May 22<sup>nd</sup>** to be fitted properly for all apparel.

Returning Club members will receive an order form for any apparel items needing replacement. All apparel orders must be received in the Gear Zone by May 22<sup>nd</sup> to ensure on-time delivery prior to the start of the season. Please make sure to follow up with our staff to place your order.



2009-10 TRYOUT SCHEDULE  
JR PHANTOMS  
YOUTH HOCKEY CLUB

MIDGET MINOR 16U

April 14 – 16      6:00pm – 7:15pm

MIDGET MAJOR 18U

April 14 – 16      7:45pm – 9:00pm

BANTAM

May 12 – 14      7:45pm – 9:00pm

***TRYOUT FEE = \$110(includes jersey)***

ALL TRYOUTS WILL BE HELD AT:  
VIRTUA HEALTH FLYERS SKATE ZONE AT PENNSAUKEN  
6725 RIVER ROAD      PENNSAUKEN, NJ 08110  
856-488-9300